

Between physicochemical characterization of atmospheric particles and their impact on human health - challenges and perspectives (RECORD project)

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1. **Introduction** – background, scope and objectives of the study.

2. **Methodology**

3. **Results**

- ✓ Characteristics of atmospheric particles and their links with toxicity
- ✓ Effects of airborne particles on human health
- ✓ How to assess the health impact of atmospheric particles?

4. **Epilogue** - perspectives and conclusions

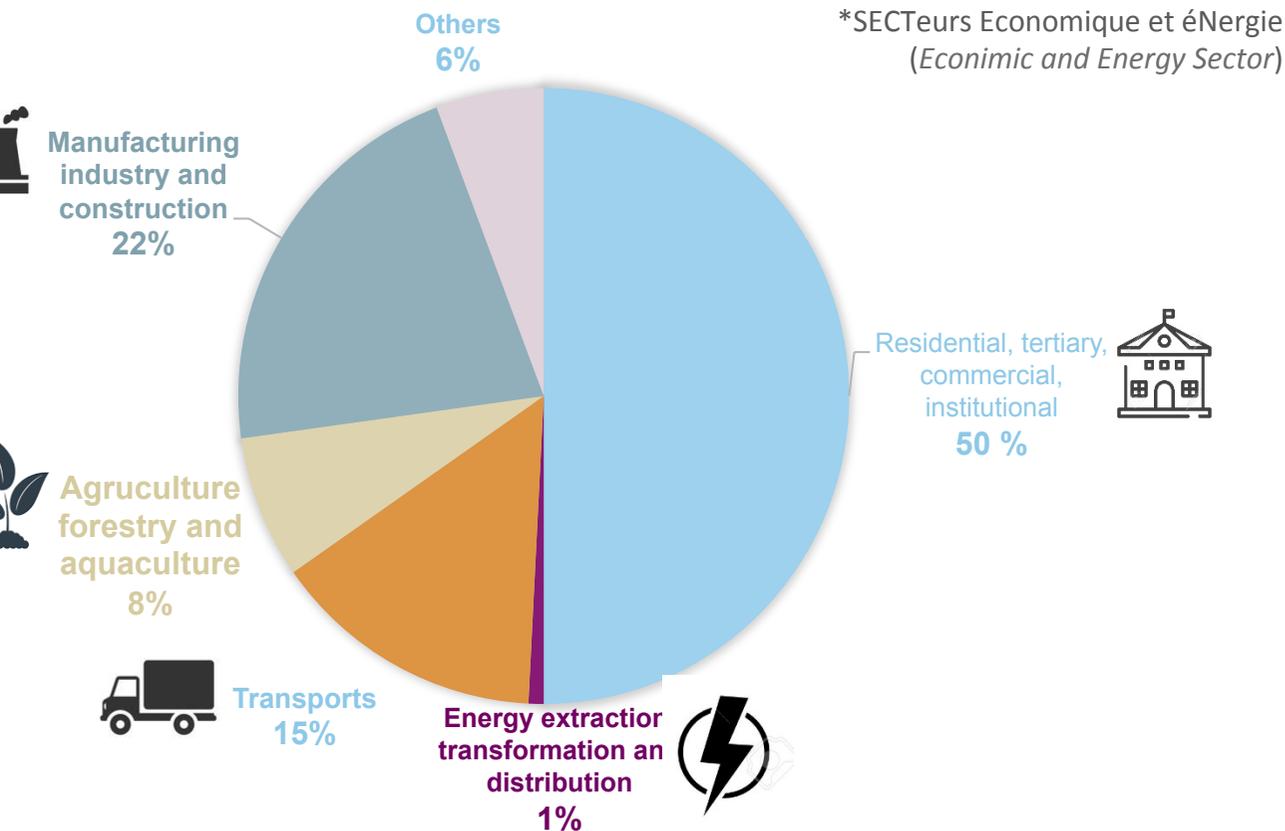
Introduction

Air pollution causes 48,000 deaths per year in France according to *Santé Publique France* (2019)

- ✓ Certain particulate and gaseous pollutants are considered as indicators of air quality

THE MAIN SOURCES OF PM_{2.5} IN FRANCE IN 2017

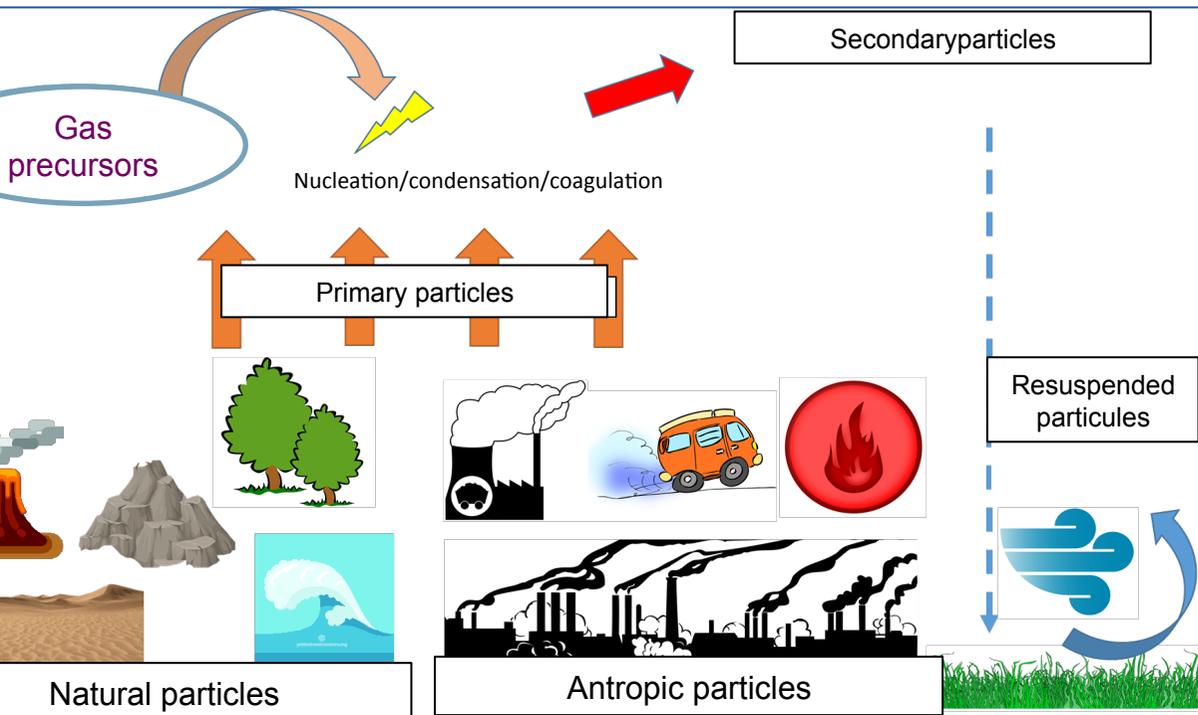
CITEPA, 2019 - SECTEN FORMAT *



- ✓ Total suspended particles are "solid or liquid particles (...) which remain in the air for a certain time" (*GreenFacts, 2019*)
- ✓ Atmospheric particles coming from combustion are composed of a carbon nucleus and act as a vector for certain xenobiotics

- What are the physicochemical parameters of the particles that influence the most their toxicity following exposure by inhalation?
- How do the sampling and characterization techniques impact an assessment of the toxicity of particles?

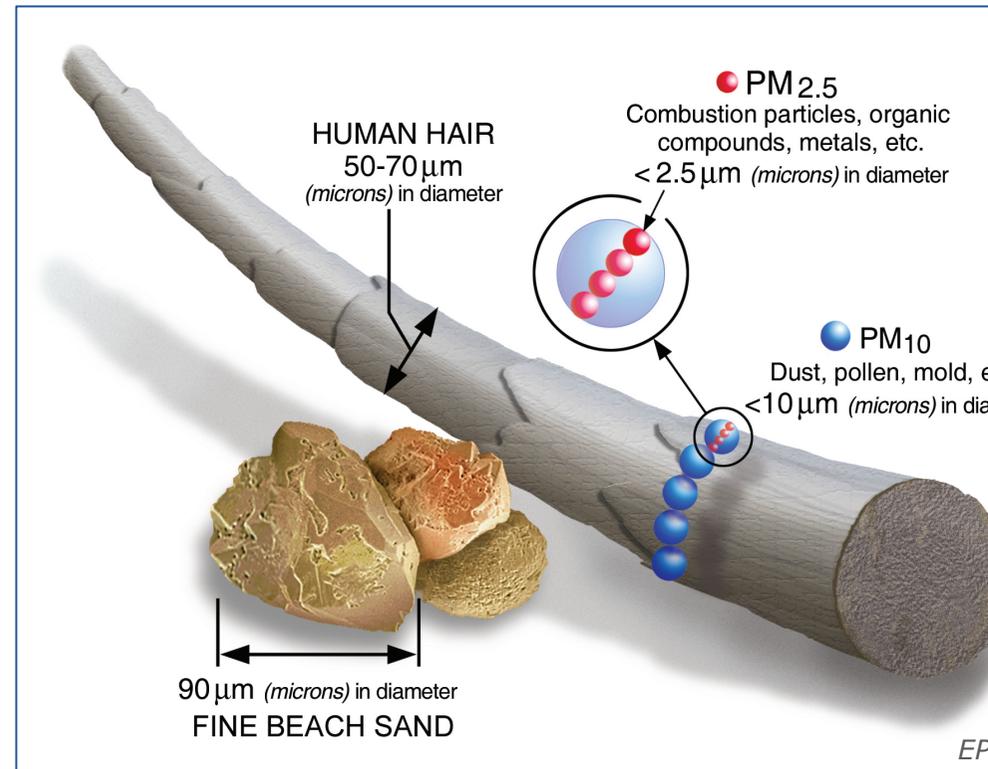
How to define the airborne particles?



The most common classification of atmospheric particles is based on their size, often presented as the aerodynamic diameter of the particles.

The three main classes of particles are:

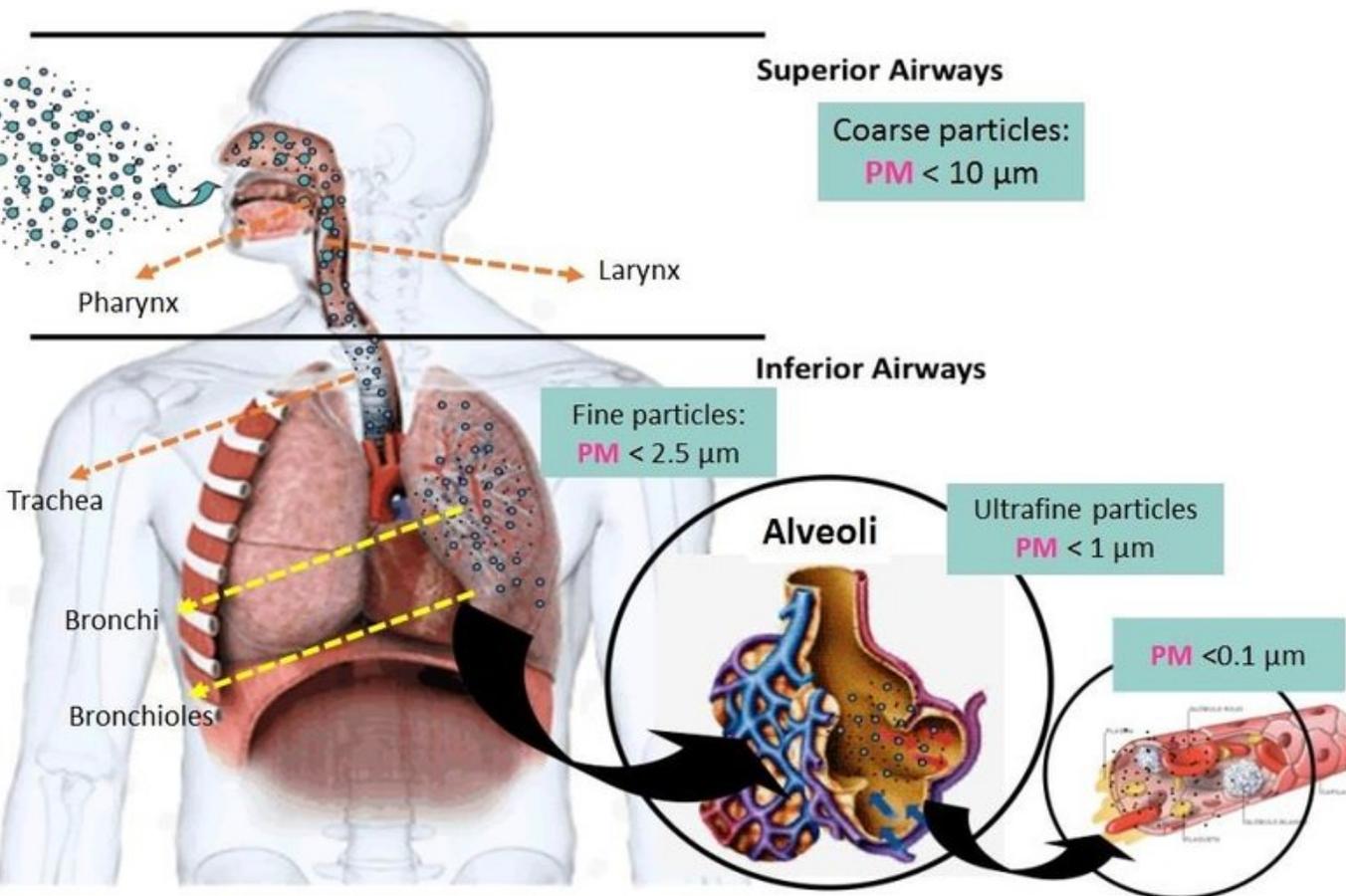
PM₁₀, PM_{2.5}, PM_{0.1}



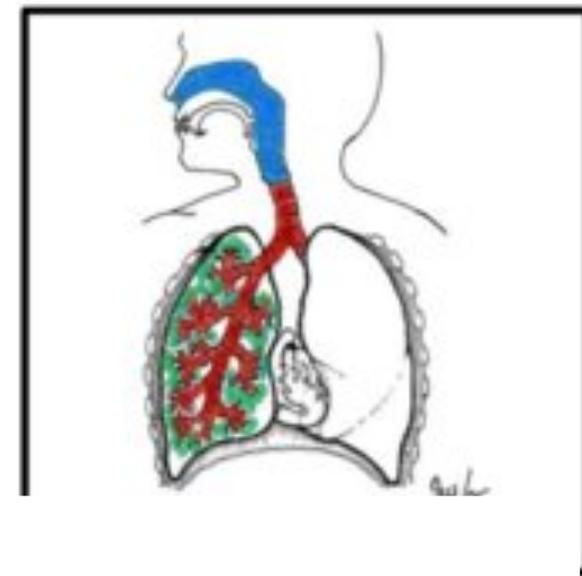
WHO recommendations and limit values in EU and France

WHO recommendations	Limit values UE	Limit values France	Average period
20 µg/m ³ 50 µg/m ³	40 µg/m ³ 50 µg/m ³	40 µg/m ³ 50 µg/m ³	1 year 24h
n.d. 10 µg/m ³ 25 µg/m ³	20 µg/m ³ 25 µg/m ³ n.d.	n.d. 25 µg/m ³ n.d.	3 years 1 year 24h

Deposition of atmospheric particles in human respiratory tract



Barazza 2017

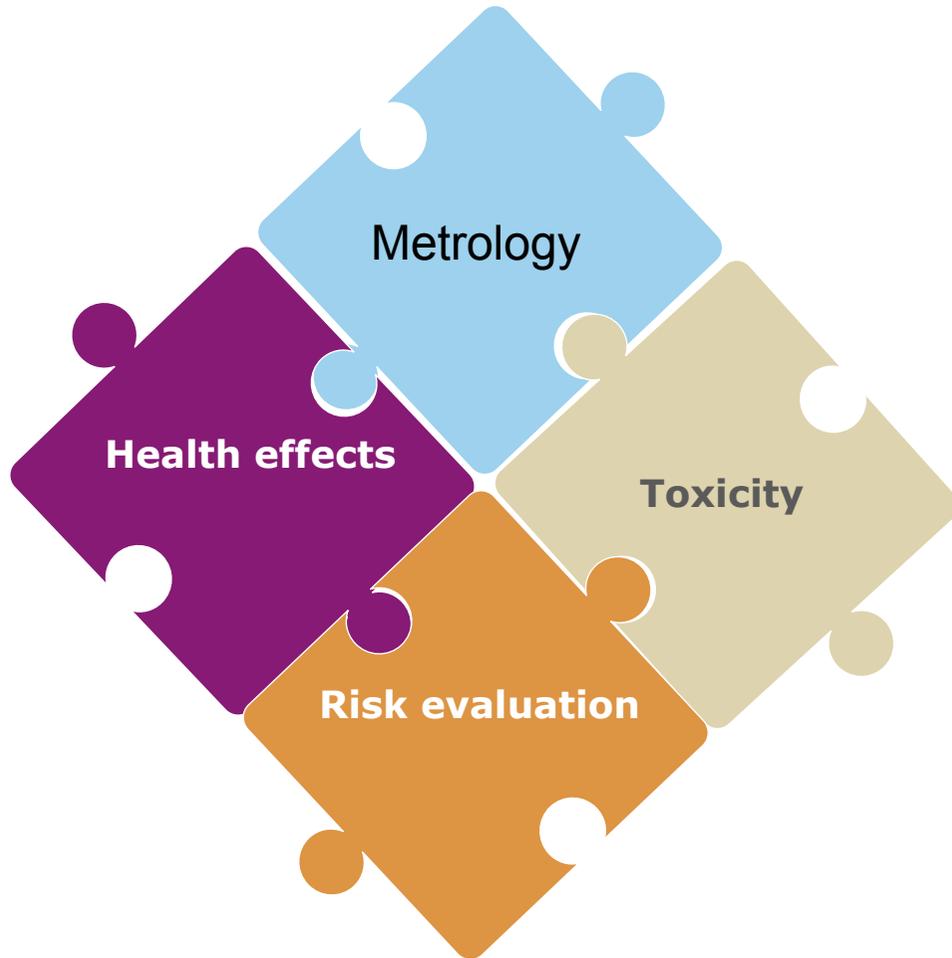


- Total fraction
- Extrathoracic region
- Tracheobronchial regio
- Respiratory fraction

Witschger et Fabriès, 2005

determines the region where particles are deposited in the respiratory system

Objectives



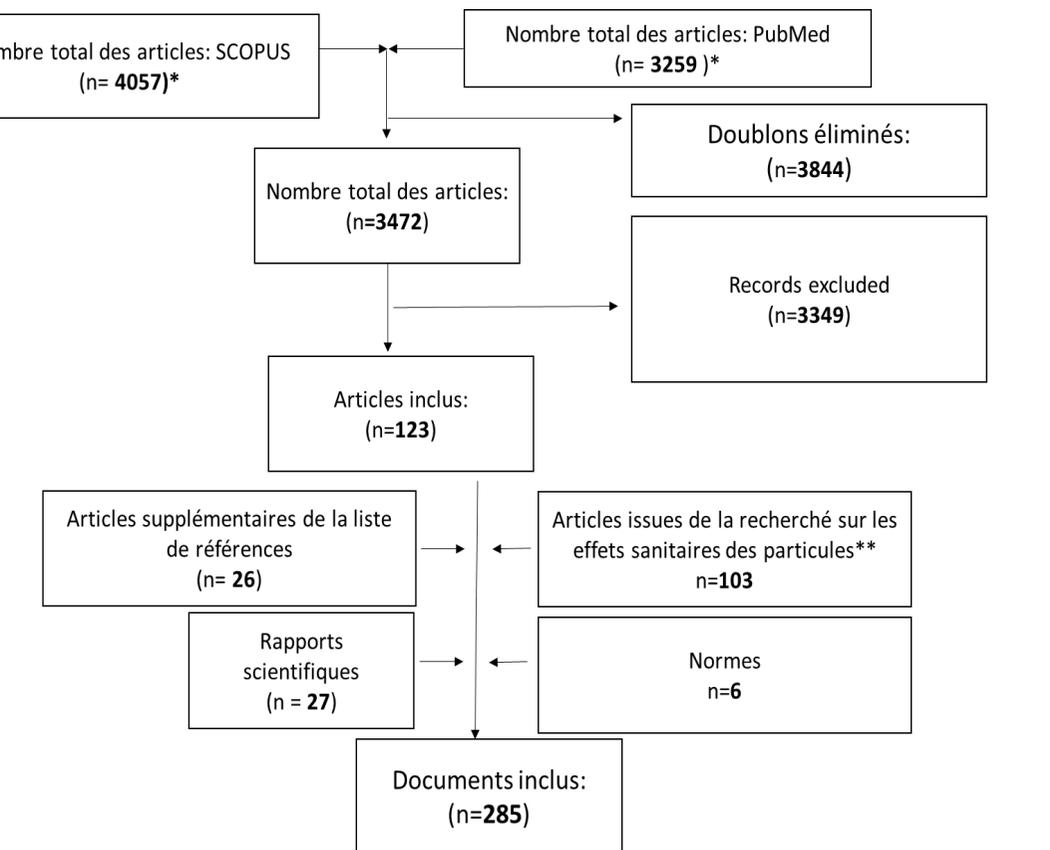
(1) To evaluate the relevance of sampling methods and analytical techniques used commonly for atmospheric particles

(2) To present the state of the art of the health effects of particles following exposure by inhalation

(3) To define the relevance of different physicochemical characteristics (shape, chemical composition etc.) of the airborne particles compared to the size as a commonly used criterion

(4) To study the relevance of tools for the assessment and management of the impact of air pollution on human health

Methodology



"particulate matter" OR "PM_{2.5}" OR "PM₁₀" OR "PM_{0.1}" OR "airborne particles" OR "inhalable particles" OR "alveolar particles" OR "ultrafine particles" OR "fine particles") AND ("toxicity" OR "cytotoxicity" OR "inflammation" OR "oxidative stress").

✓ Estimation of the level of scientific interest and the level on the scientific confidence

Formules :

- "Particulate Matter"[Mesh] – all the particules of all the sizes and all the sources
- " Pathologies groups "[Mesh], for exemple « cardiovascular diseases », « liver diseases » in order to precise the group of pathologies
- A supplement: NOT ("Tobacco Use"[Mesh] OR "Tobacco Smoke Pollution"[Mesh] OR "Cigarette Smoking"[Mesh])

Bibliographic analysis

Expert opinions

Qualitative analysis: theoretical coding

RESULTS

**Characteristics of atmospheric particles and
their links with toxicity**

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How to characterise atmospheric particles?

Complex nature of particles

"Extremely complicated" to establish a link between specific characteristics and health effects, even if the both are very well identified

Some questions remain open:

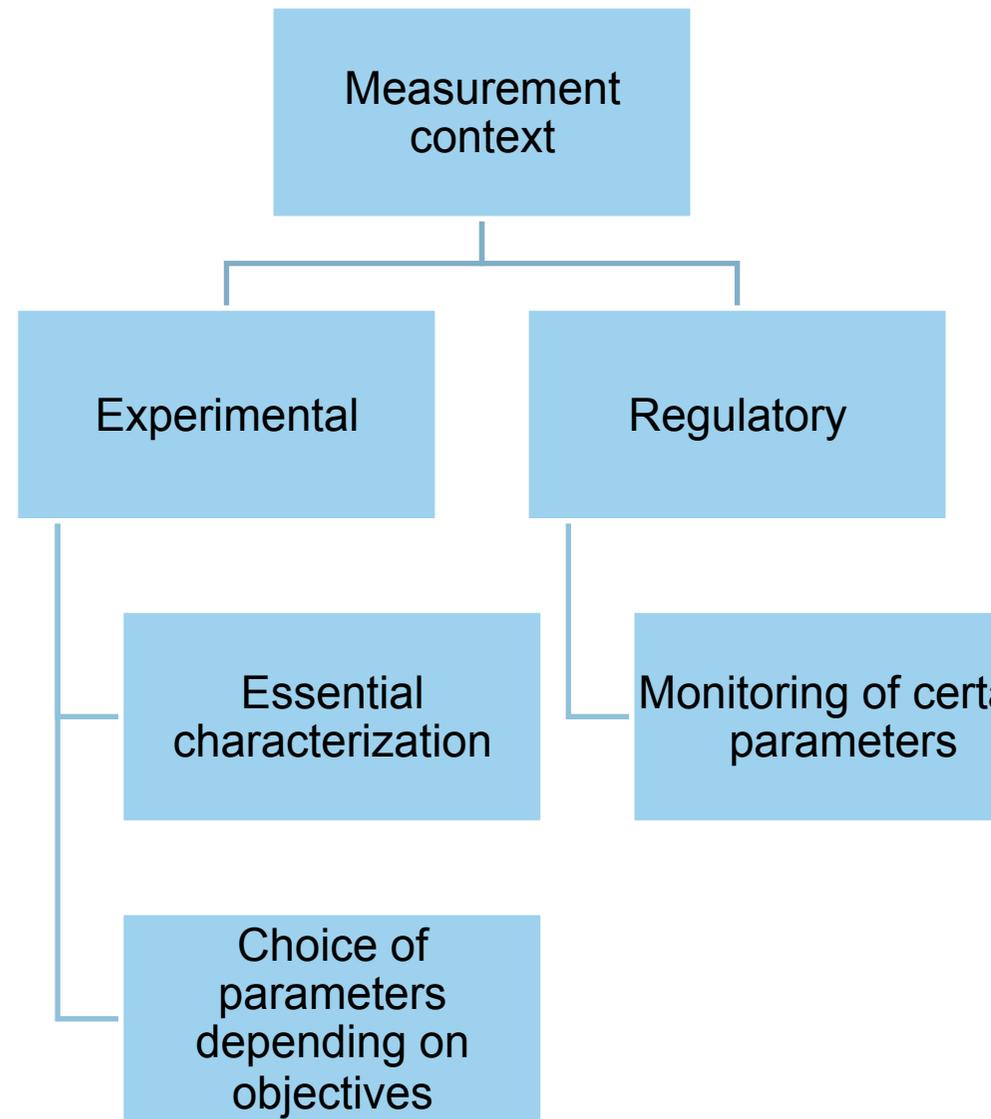
What is the quantity of particules actually inhaled?

How toxic is it?

Will we be able to represent what is happening in the human body?

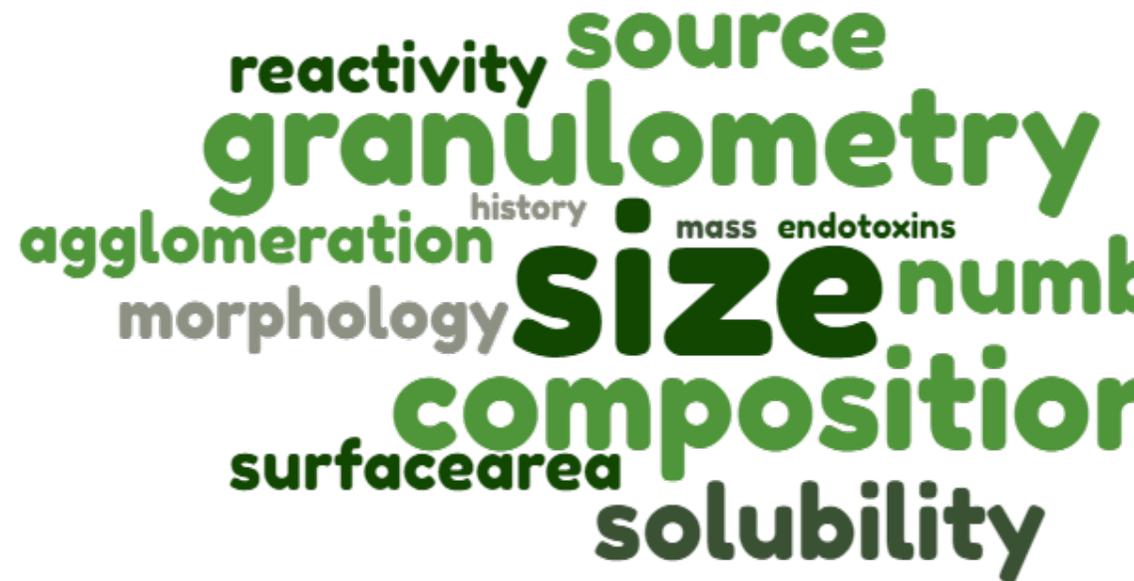
There is no analytical method that can allow to study the particles as a whole, several techniques must be used"

Expert in physicochemical analyses



How to characterise atmospheric particles?

- ✓ It is impossible to prioritize the physico-chemical parameters in order of importance related to the toxicity of the particles.
- ✓ According to experts, the parameters should be defined according to the objectives of the study.
- ✓ Parameters that influence particle toxicity include: the size, the specific surface area, the composition, the solubility, the oxygen content, the zeta potential and the surface charge, the aggregation and the agglomeration of the particles
- ✓ These parameters can modify the reactivity of the particles and change their oxidizing potential.

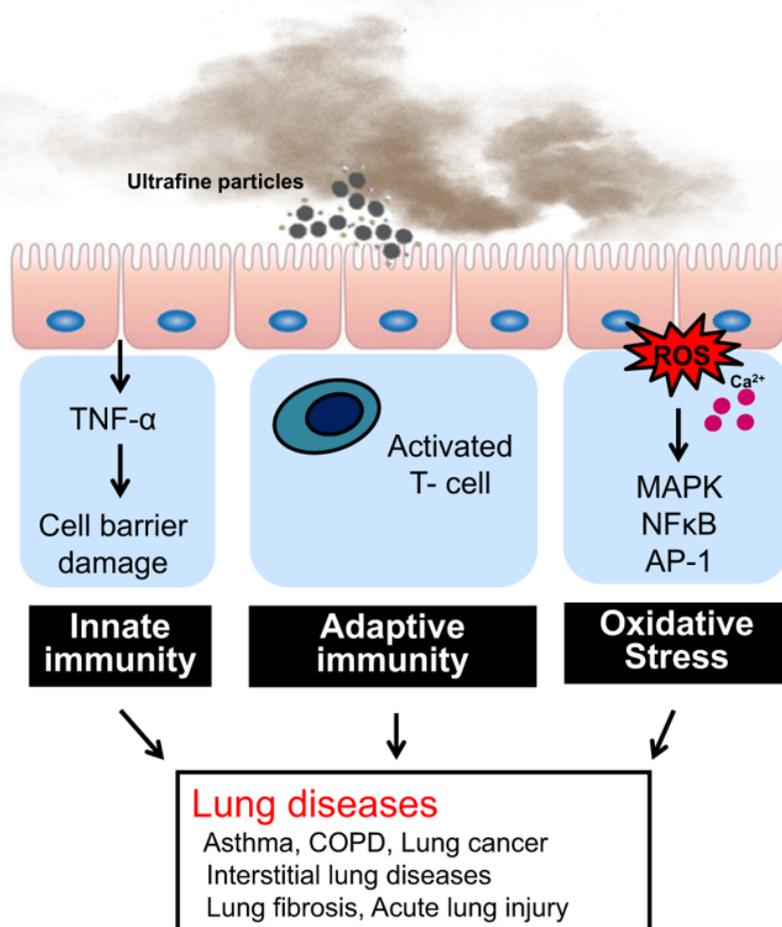


Characteristics of atmospheric particles and their links with toxicity

Parameter	Impact on
Size	Deposit area Sedimentation rate Concentration of particles on the surface of target cells Composition
Specific Surface Area	Quantity of contaminants adsorbed on the surface
Composition	Physico-chemical, toxicological properties Redox potential
Solubility	Bioavailability
Oxygen content	Aggregation / Agglomeration
Zeta potential/ surface charge	Aggregation / Agglomeration
Aggregation / Agglomeration	Interaction of particles and cells
Oxidative potential	Oxidative stress

Characteristics of atmospheric particles and their links with toxicity

oxidative potential (PO) as a predictive indicator of particle toxicity?



Leikauf et al. 2020

„We are working with the oxidative potential, which is a global parameter that tries to measure the reactive oxygen species that have an impact on oxidative stress. It is not a compound of the particle but its reactivity, it is a proxy for the cellular response which can be measured in the atmosphere. Rather than analyzing several compounds of a particle, we are looking for a parameter which aggregates size, the number, the morphology, the oxidizing potential...“
Expert in physicochemical analysis

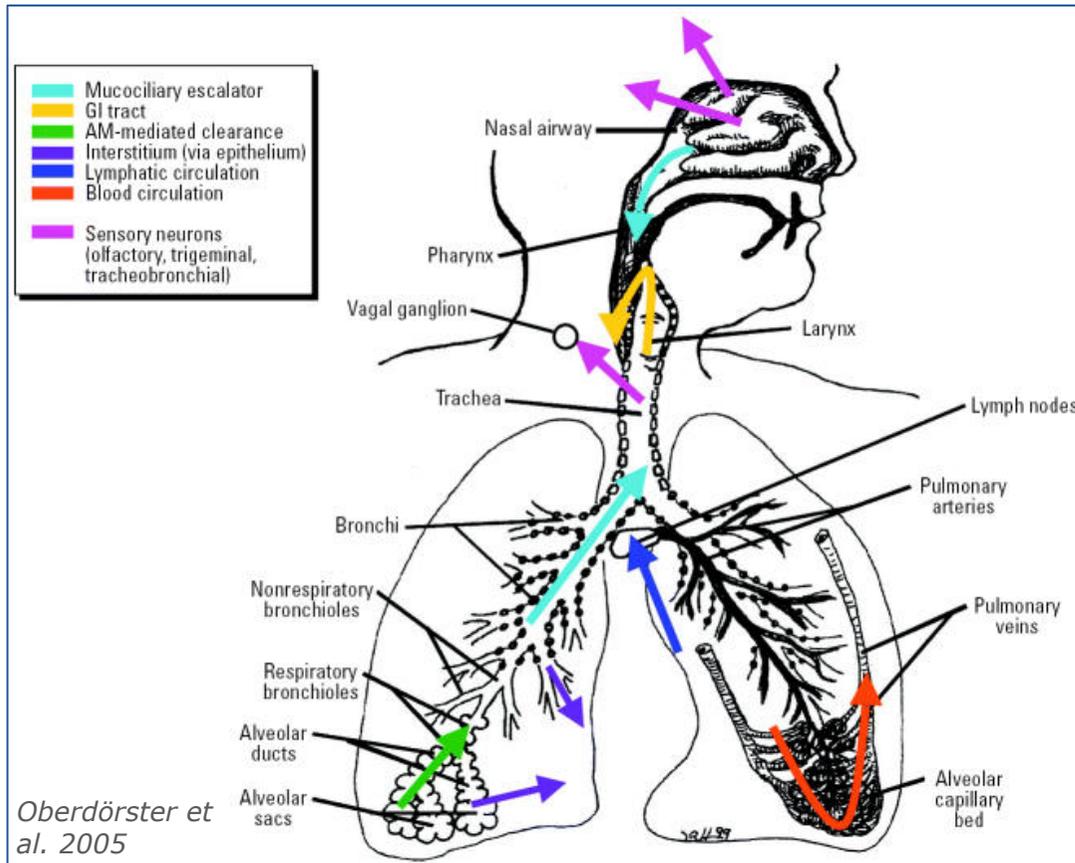
RESULTS

Effects of airborne particles on human health

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Effects of airborne particles on human health - mechanisms



„From the moment the particles manage to cross the alveolar barrier, they pass into the blood system”

Expert in toxicology

The different categories of studies of the health effects of atmospheric particles

Long term effects

Chronic exposure
Development of chronic pathologies

Short term effects

1-7 days of exposure
Aggravation of chronic pathologies
Acute symptoms with varying severities

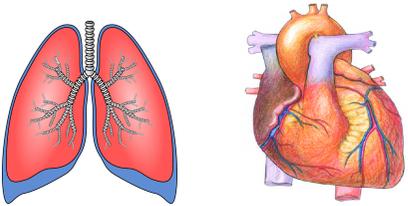
Hierarchy of studies in the context of the assessment of causality between a factor and a health effect



Effects of airborne particles on human health

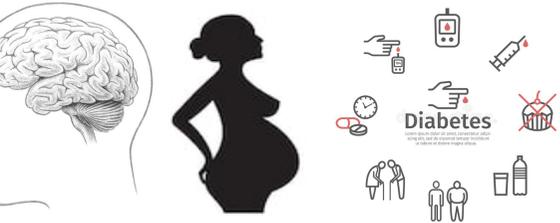
First circle of scientific interest

« proven effects »



Second circle of scientific interest

« likely effects »



Third circle of scientific interest

« potential effects »



« without evidence »



- ✓ The health effects of particles have been classified according to target organs
- ✓ The most studied are the effects of particles on the respiratory and cardiovascular system
- ✓ There is scientific evidence of the link between air pollution and neurological, perinatal health and diabetes
- ✓ Toxicity to other organs has been investigated but no scientific evidence has yet been sufficient to confirm the link

Effects of airborne particles on human health

		<u>Long-term effects</u>	<u>Short-term effects</u>
<u>Proven effects</u> Confirmed in at least 11 meta-analyses Confounding and risk factors taken into account and do not change the confidence given to the results	Respiratory health 	PM_{2.5} PM₁₀	PM_{2.5} PM₁₀
	Cardiovascular system 	PM_{2.5} PM₁₀	PM_{2.5} PM₁₀
<u>Possibly likely effects</u> Confirmed in 3-10 meta-analyses Confounding and risk factors taken into account and can influence confidence in the results	Neurologic health 	PM_{2.5}	-
	Perinatal health 	PM_{2.5} PM₁₀	-
	Diabetes / metabolism 	PM_{2.5} PM₁₀	-

Effects of airborne particles on human health

		<u>Long-term effects</u>	<u>Short-term effects</u>
<p><u>Potential effects</u></p> <p>2 meta-analyses show a positive trend Several confounding factors and the risk of bias reduce the reliability of the results</p>	Skin diseases 	-	PM _{2.5} PM ₁₀
	Digestive tract diseases 	PM _{2.5}	-
	Urological diseases 	PM ₁₀ PM _{2.5} PM _{2.5-10}	-
	Eye diseases 	-	-
<p><u>Effects without scientific evidence</u></p> <p>No meta-analyses A small number of epidemiological studies</p>	Autoimmune diseases and allergies 	-	-
	Skeleton and Joint diseases 	-	-
	Haematological diseases 	-	-
	Reproductive disorders 	-	-

RESULTS

How to assess the health impact of atmospheric particles'

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How to assess the health impact of atmospheric particles?

The assessment of the health impacts of pollutants is carried out in two contexts: professional / industrial environment and public health.

The characterization of the particles will help to target the sources and enrich the HIA in order to define the sources of pollution, on which we must react most quickly. This is why the characterization of the composition of particles in routine seems very important today"

Public Health Expert

The classic HRA methodology cannot be applied to particles due to the lack of TRV. A "substance by substance" approach is possible and currently used.



World Health Organization

HIA-AP can be performed for a pollutant-health effect pair for which there is evidence of impact. It is a decision support tool.



Health Risk Assessment and Health Impact Assessment – Air Pollution

	HRA	HIA - AP
Application domain	Industrial / Public health / Professional environment	Public health
Substances	All molecules that can be defined, for which the TRVs exist	Air pollution indicators PM _{2.5} , PM ₁₀ , O ₃
Benchmarks	TRV	Limit and recommended values
Results	Risk index	Number of attributable or preventable cases, number of years of life lost or gained, variation in life expectancy, decrease in concentration necessary to achieve a health goal
Regulations	Labor Code Environmental Code	/

Epilogue

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Conclusions, perspectives and recommendations

- ✓ Need for standardization and normalization and / or validation
- ✓ Communication between researchers
- ✓ Towards a "methodological guide"

- ✓ Towards a "methodological guide"

Sampling methods and characterization

Experimental studies

Health risk and impact assessment

Epidemiological studies

- ✓ Towards a better acquisition of information on health indicators - focus on the effects of pollution peaks on acute health events of different severity
- ✓ Towards the assessment of the causality between atmospheric particles and pathologies for which the evidence is not sufficient

Impact assessment according to
force

Effect on one or more "particle"
/:

Methodological analogy based on
construction of "dust"

Occupational exposure limit values
Analogy for approach of mixtures -

PAHs

Concept of toxic equivalency factors

Determination of the lower limit of the
benchmark confidence interval

Rating

Recommendations

Priorities:

- ✓ Monitoring of ultrafine particles in the atmosphere
- ✓ Identification of sources (pollutants-tracers)
- ✓ Harmonization of definitions related to particles
- ✓ Cooperation between different areas of expertise
- ✓ Act on the difference between the regulatory and sanitary values
- ✓ **Prevent and reduce the emissions**

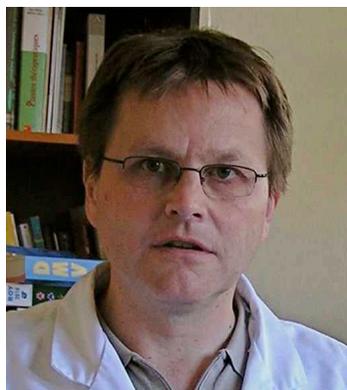
Thank you for your attention



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Les programmes RECORD font l'objet d'un soutien de l'ADEME



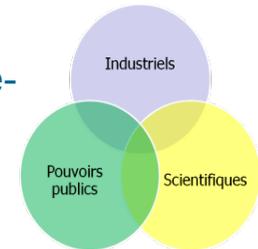
Contact: ludivine.canivet@univ-lille

RECORD: Cooperative network of research on waste and the environment



Develop applied knowledge and share experience around **used products, waste, polluted sites, resource efficiency** in view of contributing to the **circular economy**

RECORD association is a network open to all organisations, public or private. RECORD enables studies and researches to be conducted as part of a peculiar three-party cooperation between **the industry, public institutions and researchers**. This cooperative environment makes of RECORD a privileged framework to **exchange** as well as a tool for **technological and scientific intelligence**.



Financing projects (alone or as part of wider partnerships)

(Bibliography, Field studies (metrology, trials, etc.), Technical state of the art, benchmarking studies EU / regulation, ...)
Programmes receiving financial support from ADEME

From state of the art---> to PhD work



RECORD subjects for studies and research

- ❖ Knowledge and characterization – methods and tools (metrology, understand waste streams, etc.)
- ❖ Development of value chains to recover and treat waste (processes, effluent treatment, etc.)
- ❖ Assess sanitary and environmental impacts and risks (improve methodologies for sanitary and environmental risk assessment, population health, occupational health, upcoming: ecology engineering)
- ❖ Assess social and economic dimensions (economy, law – regulation, externalities, etc.)

➤ To know more: www.record-net.org

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